

# Now I Know

Phrased, Intermediate, Nightclub Two-Step

Choreographed by: Ida Wahlström & Kim Lillskog (SWE) July 2009

Choreographed to: Father and Son; Ronan Keating feat. Yusuf CD: 10 years of hits (intro: 8 counts)

Sequence: A A- BC A CBC A CBC AA Ending

A-: Omit last 2 counts of Part A

Ending: Part B + Unwind full turn right over 2 counts

## Part A

### Step, Step ½ turn, ½ turn, Shuffle back, Back rock, Basic nightclub left

- 1-2&** Step forward right, Step forward left, Turn ½ turn right (Weight ends on right)  
**3-4&5** Turn ½ turn right stepping left back, Shuffle back stepping right, left, right (Facing 12 o'clock)  
**6&** Rock back on left, Recover onto right  
**7-8&** Step left to left side, Close right behind left, Cross left over right

### ¾ turn, Step x2, Rock, ½ turn, Triple full turn, Step

- 1** Turn ¾ turn left stepping right back  
**2&3** Turn ½ turn left stepping forward on left, Step forward on right, Step forward on left (Facing 3 o'clock)  
**4&5** Rock forward on right, Recover onto left, Turn ½ turn right stepping right forward (Facing 9 o'clock)  
**6&7** Turn full turn right stepping left, right, left  
**8** Step forward on right

### Hitch, Straighten, Cross, Slow unwind, ¼ turn, Lunge

- 1-3** Hitch left knee, Straighten left leg out, Cross left over right  
**4-6** Unwind full turn right (Weight ends on left)  
**7-8** Lunge back on right, Recover onto left (Prepare for 1 ¼ turn left)

### 1 ¼ turn, Cross shuffle, Sweep, Cross shuffle, Sway

- 1-2** Turn 1 ¼ turn left on ball of left sweeping right around (Facing 6 o'clock)  
**3&4&** Cross right over left, Step left to left side, Cross right over left, Sweep left from back to front  
**5&6** Cross left over right, Step right to right side, Cross left over right  
**7-8** Sway right, left (weight on left)  
**Easy option for count 1-2:** Slowly sweep right from back to front

## Part B

### Walk x2, Touch

- 1-3** Walk forward right, left, Touch right behind left

## Part C

### Back, Cross, Back x2

- 1-2&** Step diagonally back on right, Cross left over right, Step diagonally back on right  
**3-4&** Step diagonally back on left, Cross right over left, Step diagonally back on left